Spot the Stigma – Activity

Instructions: Identify stigma in each example and reframe the response using nonjudgmental, supportive language.

nonjuagmental, support the language.
1) "The patient just does not care enough to stop using"
2) "They are clean now, thank goodness"
3) "Once an addict, always and addict"

4) "We cannot trust them with pain medications"