

SUD Myths vs. Facts

Challenge misconceptions and replace them with evidence-based truths.

Myth: Addiction is a choice.	Fact: It is a chronic medical condition affecting brain pathways.
Myth: Recovery rarely happens.	Fact: Millions of individuals live in recovery with proper support.
Myth: Healthcare professionals do not face SUD.	Fact: Stress and access increases the risk of SUD in healthcare professionals
Myth: Medication-assisted treatment is just substitution.	Fact: MAT stabilizes recovery and reduces relapse.