

How Stigma Shows Up in the OR – Reflection Worksheet

Use this worksheet to reflect on situations where stigma may occur in the OR and identify supportive actions.

1. Describe a time you observed stigma toward a colleague or patient with SUD.
2. What emotions were present during this event?
3. What assumptions may have contributed to this situation?
4. How could you respond differently in the future?
5. What can be done to support those affected by SUD?